



West Midlands Vulval Pain Support Group

Vulval pain conditions can be isolating and difficult to talk about with family and friends...

We have set up a group to provide confidential support and advice for women in the West Midlands who suffer from vulval pain conditions, such as vulvodynia and vestibulodynia.

To find out more, please email Sarah at:

sarah.wmvpsg@gmail.com

or phone / text: **07935 286395**

And for detailed information about vulval pain conditions, treatments, help and advice visit:

www.vulvalpainsociety.org



Vulval Pain Society