

# QUESTIONNAIRE FOR NEW PATIENTS ATTENDING JOINT VULVAL CLINIC

*This questionnaire has been designed to make your first consultation with the doctors in the Joint Vulval Clinic more effective and beneficial for you. PLEASE COMPLETE IT AND BRING IT ALONG WITH YOU WHEN YOU ATTEND FOR YOUR APPOINTMENT.*

*Your answers are **CONFIDENTIAL** and will be kept within your clinical notes. Your email address will not be given to any other person or passed on to a third party.*

NAME: ..... HOSPITAL NO:.....  
TELEPHONE NO:..... E MAIL: .....

1. *Who has referred you to this clinic?*  
General practitioner  
Hospital doctor  
*e.g. Gynaecologist, Dept. of Sexual health*  
Other(*specify*) .....

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2a. *What is your occupation?* .....  
b. *How many children do you have?*.....  
c. *Are you: single; married; cohabiting; divorced; widowed?*

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3. *How long have you had this problem with your vulva?*  
1-6 months                  6-12 months                  1-5 years                  More than 5 years

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4. *What is your main complaint or symptom?*  
Itching                  Soreness                  Burning                  A lump or swelling  
Vaginal discharge    Other (*specify*) .....

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5. *What problems does your vulval condition give you?*  
Disturbed sleep                  Bleeding or discharge                  Depression/feeling low  
Difficulty using tampons                  Difficulty with sexual intercourse                  Pain on walking/sitting  
Other (*specify*) .....

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6. *What treatments have you had for your condition?*  
'Thrush' treatment(s) Antibiotics                  Vaginal pessaries                  Steroid creams (*specify*)  
Other (*specify*) .....

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7. *What do you think may make your condition worse?*  
Sitting/walking                  Stress                  Toiletries/cosmetics                  Tampons  
Sexual intercourse                  Menstruation                  Other (*specify*) .....

8. Have you had any other problems with the skin on the rest of your body (including scalp)?

Eczema  
Psoriasis  
Other (specify)

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9. What other medical or surgical problems have you had?

Medical problems:

*e.g. Diabetes*

Surgical problems:

*e.g. Hysterectomy, Hip replacement*

10a. What medication are you taking?

b. Do you have any allergies?

c. When did you last have a cervical smear?

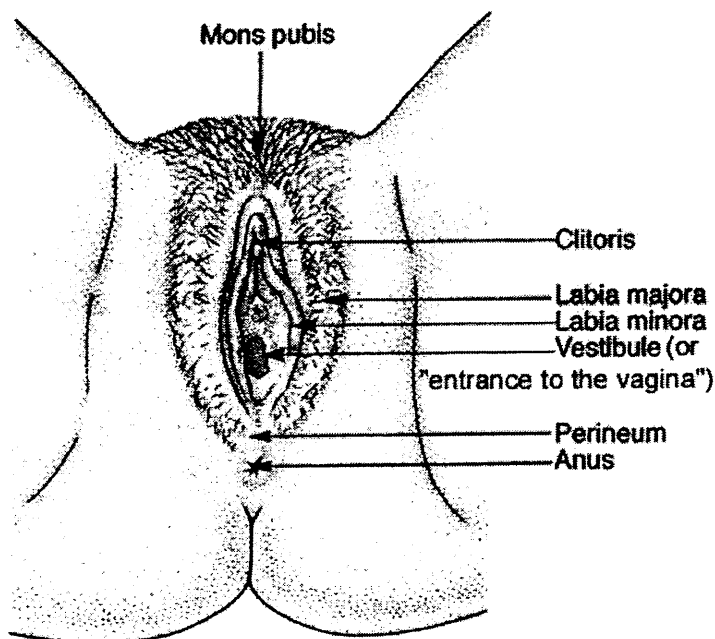
d. What was the result?

11. Have you ever smoked? Yes/No

Do you smoke now? Yes/No

How many cigarettes each day do you currently smoke? 1 – 10; 10-20; more than 20/day

How much alcohol each week do you drink? None; 5-10 units; 10-20 units; More than 20 units/week



Please draw on this diagram to indicate where you have the problem on your skin.

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE. REMEMBER TO BRING IT WITH YOU WHEN YOU ATTEND FOR YOUR APPOINTMENT. YOUR ANSWERS WILL HELP US DECIDE UPON THE RIGHT TREATMENT FOR YOU.

Whipps Cross University Hospital NHS Trust  
Dr. Karen Gibbon  
October 2004

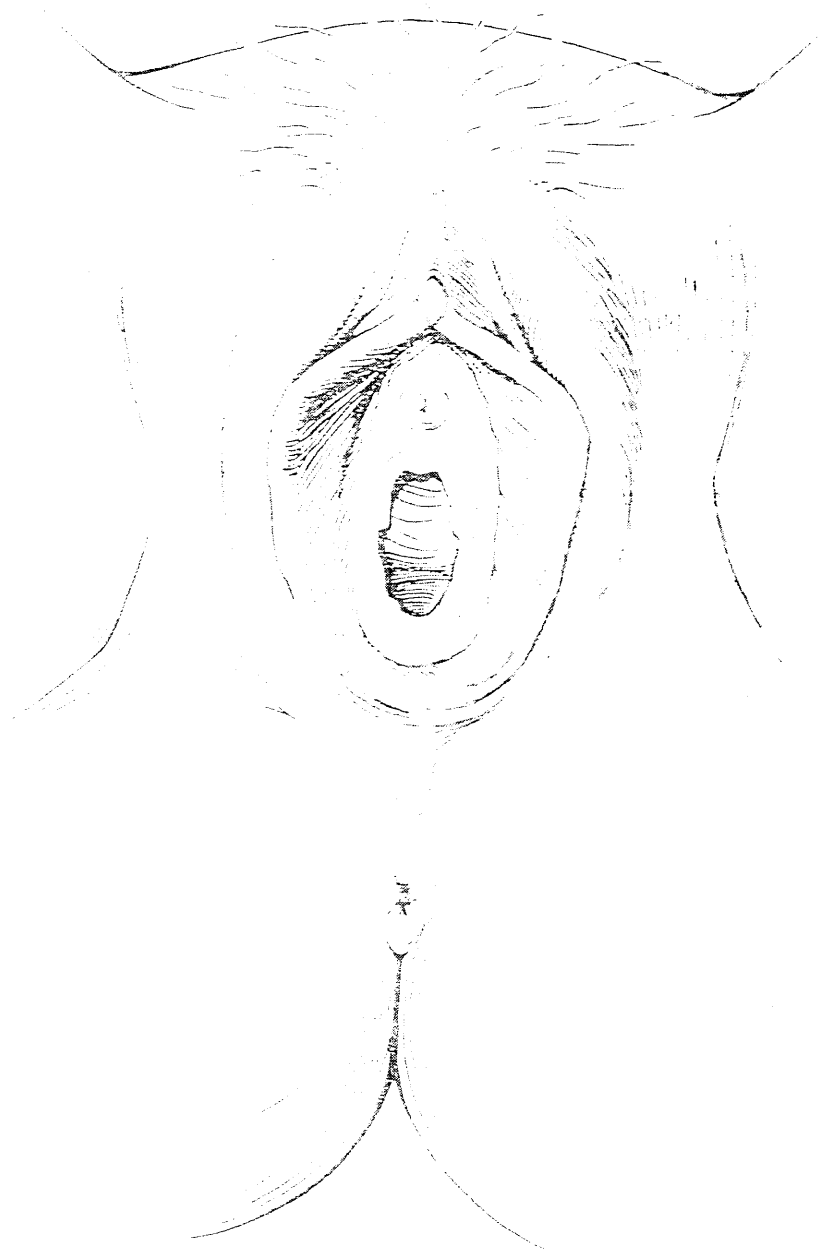


FIG. 1.—THE VULVA